



## Summer Superfood Salad

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by Stacey Francis, DC

2 cups shredded green or purple cabbage

1 cup shredded jicama

½ cup shredded mango

2 tablespoons fresh chopped cilantro

2 tablespoons pineapple juice

Juice of ½ lime

Layer ingredients for presentation or mix together to serve.

Serves: 4.